



Soul Spacea time for shared reflection

Sunday 25th February 2018 at 6.30

A Sharing time—everyone welcome of all faiths or none to share something that you have found stimulating on a theme

This months theme is

Growth

bring the music, poetry, short prose, art, short videos that have inspired you. If you need multi media email jon@cameroncape.net beforehand.

Format

6.30 Supper—bring something to share preferably vegetarian!

7.15 Soul space begins—a quiet meditative space for us to share, listen and respond

8.15 approximately soul space ends and discussion about future themes

**Held at Queen Street Methodist Church Stirling
FK8 1HL**